

SPSO decision report

Case: 201502547, Lothian NHS Board
Sector: health
Subject: clinical treatment / diagnosis
Outcome: not upheld, no recommendations

Summary

Ms C complained that since at least April 2012, her partner (Mr A) had been receiving care for his mental health problems but that it had been inadequate and insufficiently 'holistic'. She said that her views on his illness had either not been sought or had been discounted. She also said that as Mr A's partner, she would have expected to have been more involved and supported.

We took independent advice from a mental health professional and we found that the level of support provided to Mr A, particularly during periods of crisis, was appropriately reactive to Mr A's needs and presenting symptoms. Further, we found that Ms C often accompanied Mr A to his appointments and there was clear evidence that her views were listened to and recorded. While Ms C's difficulties in supporting Mr A were noted, it was also established that she had been supported in a manner and to a degree that was reasonable in the circumstances.